OPEN 7 DAYS

C1 BREAKFAST

7AM - 3PM

BREAKFAST BOWLS

BIRCHER MUESLI $20.90

chewy overnight oats, chia, pumpkin & sunflower seeds, cranberries, toasted coconut, coconut yoghurt, mango & passionfruit puree & fresh seasonal fruit

vege | nut free | dairy free* | *on-request

SMOOTHIE BOWL $20.90

strawberry, mango & banana smoothie topped with house-made granola and fresh fruit

gluten free | nut free | vegan | dairy free | *on-request

BENEDICTS

BUILD YOUR BENE $26.90

hash browns, spinach, two poached eggs & hollandaise with one of the following:
+ add truffle roasted portobello mushrooms
+ add hot smoked salmon
+ add streaky bacon
+ add braised lamb

*paleo | *dairy free | gluten free | *vege | *on request

CILBIR (TURKISH EGGS) $20.90

two poached eggs, fresh herbs & toasted sourdough served on top of a garlicky yoghurt with a warm aleppo chilli butter
+add a side of braised lamb $7
*gluten free | vege | nut free | *on-request

RUM & RAISIN PUDDING $20.90

butter & sultana cake baked in a brown sugar syrup & topped with vanilla ice-cream, rum caramel & bruleed banana

gluten free | nut free | vege | *on request

TACO RICE BOWL $20.90

Okinawa style seasoned beef mince served on rice with lettuce, cheese, fresh chopped tomato, corn chips & a poached egg with a spicy tomato salsa on the side
+ add avocado **$6**

*dairy free | nut free | gluten free | halal | *vege | *on-request

EXTRAS

avocado **$6**
bacon **$7**
braised lamb **$7**
chorizo sausage **$7**
crispy fried chicken **$7**
eggs x2 **$6**
gluten free toast **$2.50**
halloumi **$6**
panfried mushrooms **$5**
potato hashbrowns **$6**
smoked salmon **$9**
spinach **$6**
toast with butter **$6.90**
tomato (fresh or grilled) **$6**

BREAKFASTS

$15.90 EGGS ON TOAST

two eggs (scrambled, poached or fried) on toasted multigrain
*dairy free | *gluten free | *paleo | vege | *on request

$20.90 BACON & EGGS

bacon & two eggs (scrambled, poached or fried) on toasted multigrain
*dairy free | *gluten free | *paleo | *on request

$26.90 OPEN BREAKFAST BURRITO

with pulled pork or braised lamb, black beans, quinoa, guacamole, salsa, parmesan cheese, ranch dressing, chipotle aioli & a poached egg
*dairy free | *gluten free | *vegan | *vege | *on request

$26.90 SALMON & AVOCADO

with cold smoked salmon, avocado, lemon, capers & cream cheese on toasted multigrain
+ add a side of poached eggs **+ $6**
*dairy free | *gluten free | * on-request

$26.90 THREE FILLING OMELETTE

choose any 3 fillings from the following:
bacon / mushroom / spinach / cheese / pulled pork / braised lamb / feta / potato / tomato / salmon / onion
served on multigrain
*dairy free | *gluten free | *paleo | *vege | *on request

$20.90 BUDDHA BOWL

with red cabbage, carrot, celery, cucumber, capsicum, toasted chickpeas and rice noodles served with a soy & ginger dressing
+ add side of poached eggs $6
+ add side of pan fried mushrooms $5
+ add crispy fried chicken $7
dairy free | gluten free | nut free | vegan | vege

BIG BREAKFAST

$29.90 SUPER CHOICE BRO

with bacon, spinach, grilled tomato, portobello mushroom, hash brown, hollandaise, toasted multigrain & two eggs (scrambled, poached or fried)
gluten free | paleo | vege | *on request

DIETARY NEEDS

we are willing & well versed at catering for any dietary restrictions you may have. our kitchen does contain dairy, nuts, gluten and other allergens that may make some menu selections unavailable to you. we use free-range eggs & freedom pork. please discuss with our counter team if you would like some recommendations that best suit your needs.