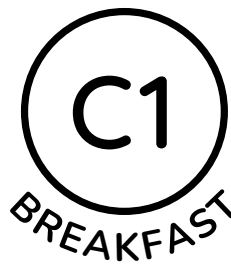


OPEN 7 DAYS



7AM - 3PM

BREAKFAST BOWLS

GRANOLA \$18.90

house-made granola served with coconut chia pudding, mixed berry compote & fresh seasonal fruit, served with milk.
vege | nut free | vegan* | dairy free* | *on-request

PORRIDGE \$18.90

chai tea porridge with mixed berry compote & seasonal fruit served with milk
vege | nut free | *vegan | *dairy free | *on-request

BENEDICTS

BUILD YOUR BENE \$24.90

hash browns, spinach, two poached eggs & hollandaise with one of the following:
+ add truffle roasted portobello mushrooms
+ add hot smoked salmon
+ add streaky bacon
+ add braised lamb

*paleo | *dairy free | gluten free | *vege | *on request

CILBIR (TURKISH EGGS) \$18.90

two poached eggs, fresh herbs & toasted sourdough served on top of a garlicky yoghurt with a warm aleppo chilli butter
+add a side of braised lamb \$7
*gluten free | vege | nut free | *on-request

HONEY TOAST \$18.90

toasted honey butter brioche with a malt biscuit crumb, whipped cream & lemon-honey drizzle
+ add vanilla ice-cream \$3
nut free | vege | *on request

TACO RICE BOWL \$18.90

Okinawa style seasoned beef mince served on rice with lettuce, cheese, fresh chopped tomato, corn chips & a poached egg with a spicy tomato salsa on the side
+ add avocado \$6
*dairy free | nut free | gluten free | halal | *vege | *on-request

EXTRAS

- | | |
|--------------------------|-------------------------------|
| avocado \$6 | halloumi \$6 |
| bacon \$7 | panfried mushrooms \$5 |
| braised lamb \$7 | potato hashbrowns \$6 |
| chorizo sausage \$7 | smoked salmon \$7 |
| crispy fried chicken \$7 | spinach \$6 |
| eggs x2 \$6 | toast with butter \$6.90 |
| gluten free toast \$2.50 | tomato (fresh or grilled) \$6 |

BREAKFASTS

EGGS ON TOAST \$14.90

two eggs (scrambled, poached or fried) on toasted multigrain
*dairy free | *gluten free | *paleo | vege | *on request

BACON & EGGS \$18.90

bacon & two eggs (scrambled, poached or fried) on toasted multigrain
*dairy free | *gluten free | *paleo | *on request

OPEN BREAKFAST BURRITO \$24.90

with pulled pork or braised lamb, black beans, quinoa, guacamole, salsa, parmesan cheese, ranch dressing, chipotle aioli & a poached egg
*dairy free | *gluten free | *vegan | *vege | *on request

SALMON & AVOCADO \$24.90

with cold smoked salmon, avocado, lemon, capers & cream cheese on toasted multigrain
+ add a side of poached eggs + \$6
*dairy free | *gluten free | *on-request

THREE FILLING OMELETTE \$24.90

choose any 3 fillings from the following:
bacon / mushroom / spinach / cheese / pulled pork / braised lamb / feta / potato / tomato / salmon / onion served on multigrain
*dairy free | *gluten free | *paleo | *vege | *on request

BUDDHA BOWL \$18.90

with maple roasted soy chickpeas, spinach, carrots, corn, edamame beans & pickled onion served on white rice with kewpie mayo & teriyaki sauce
+ add side of poached eggs \$6
+ add side of pan fried mushrooms \$5
+ add crispy fried chicken \$7
dairy free | gluten free | vegan | vege

BIG BREAKFAST

SUPER CHOICE BRO \$26.90

with bacon, spinach, grilled tomato, portobello mushroom, hash brown, hollandaise, toasted multigrain & two eggs (scrambled, poached or fried)
gluten free | paleo | vege | *on request

DIETARY NEEDS

we are willing & well versed at catering for any dietary restrictions you may have. our kitchen does contain dairy, nuts, gluten and other allergens that may make some menu selections unavailable to you. we use free-range eggs & freedom pork. please discuss with our counter team if you would like some recommendations that best suit your needs.